



Health Partners Plans

Health Partners Medicare Special (HMO SNP) Approved Over-the-Counter (OTC) Medication List

The following OTC items are approved for the Health Partners Medicare Special plan. Members enrolled in Health Partners Medicare Special are eligible for coverage of up to \$50 a month toward the items below at participating pharmacies. Another \$50 will be available each month, but unused amounts do not roll over into the next month.

Please note that approval is required from your doctor or other prescriber for OTC items to be covered through this benefit. Items on this list may change without notice.

Product Name
Abreva 10% cream
Acetaminophen ER 650mg tablet
Advil, Motrin (ibuprofen suspension) 100mg/5mL
Advil, Motrin (ibuprofen) 200mg
Aleve (naproxen) 220mg
Alka Seltzer 324mg, 500mg
Allegra 60mg
Allegra D 12 Hour, 24 Hour
Amerigel
Amlactin (ammonium lactate 5% and 12%)
Aquaphor
Artificial tears (dextran)
Aspirin 81mg chewable tablet
Aspirin 325mg
Aspirin enteric coated 81mg
Aspirin enteric coated 325mg
Aveeno bath packet (colloidal oatmeal)
Aveeno moisturizing cream, lotion (colloidal oatmeal)
Azo cranberry (cranberry extract) 250mg-60mg capsule
Azo standard (phenazopyridine) 95mg tablet

Product Name
Bacitracin ointment
Benadryl Anti-Itch Cream
Benadryl (diphenhydramine) topical cream 2%
Benadryl (diphenhydramine) 12.5mg rapid dissolve tablet
Benadryl (diphenhydramine) 12.5mg/5mL solution
Benadryl (diphenhydramine) 25mg capsule
Bengay Ultra
Benzoyl peroxide cream, wash 10%
Benzoyl peroxide gel 5%, 10%
Bilberry
Biotene dry mouth mouthwash (saliva stimulant)
Biotene moisturizing mouth spray (saliva stimulant)
Biotin 1000mcg gummies
Bufferin (aspirin with buffers) 81mg, 325mg
Burow's solution (aluminum acetate)
Calamine lotion
Calcium carbonate 600mg tablet

Product Name
Calcium carbonate with Vitamin D 600mg-200 unit
Calcium gluconate 45 (500mg) tablet
Calcium gluconate 50mg tablet
Calcium gluconate 60 (648mg) tablet
Calcium gluconate 60 (650mg) tablet
Calcium gluconate 61 (648mg) tablet
Calcium lactate 65mg tablet
Calcium lactate 8 (648mg) tablet
Calcium lactate 85 (650mg) tablet
Calmol-4 (zinc oxide suppositories)
Centrum Silver
Cetaphil cleansing bar
Chloraseptic (sore throat lozenge)
Chloraseptic (sore throat spray)
Chlor-Trimeton (chlorpheniramine maleate) 4mg tablet
Citracal (calcium citrate)
Citracal + Vitamin D (calcium citrate) 250mg-200mg tablet
Citroma (magnesium citrate)
Claritin (loratadine) 10mg tablet
Coenzyme Q10 30mg capsule
Coenzyme Q10 30mg/5mL liquid
Coenzyme Q10 50mg capsule
Coenzyme Q10 100mg capsule
Coenzyme Q10 200mg capsule
Colace (docusate sodium) 50mg, 100mg capsule
Colace (docusate sodium) 60mg/15mL syrup
Commit (nicotine lozenges)
Compound W wart remover adhesive patch 40%
Compound W wart remover gel 17%
Compound W wart remover liquid 17%

Product Name
Cool Gel (mineral ice)
Copper 2mg
Coricidin HBP (dextromethorphan/chlorpheniramine/acetaminophen) 15-2-500mg
Cyclivert (cyclizine) 25mg tablet
Dakin's Solution
Debrox (carbamide peroxide)
Dermagran Ointment
Desenex (clotrimazole) cream 1%
Dextromethorphan 30mg/5ml syrup
Diabetic Tussin
Domeboro (aluminum sulfate/calcium acetate) powder pack
Dramamine (dimenhydrinate) 25mg chewable tablet
Dramamine (dimenhydrinate) 50mg tablet
Dulcolax (bisacodyl) 5mg tablet
Dulcolax (bisacodyl) 10mg suppository
Emetrol (dextrose/phosphoric acid) solution
Epsom salt crystals
Epsom salt granules
Ester-C
Eucerin
Excedrin (aspirin/acetaminophen/caffeine)
Ferrous fumarate 89 (29mg) tablet
Ferrous fumarate 324 (106mg) tablet
Ferrous gluconate 325mg
Ferrous sulfate 300mg/5mL liquid
Ferrous sulfate 325 (65mg) tablet
Fibercon (fiber) 625mg tablet
Fish Oil 1,200mg
Fish Oil with Vitamin D 360mg/1,000 unit
Fish Oil/Omega 3 300mg/1,000mg
Fish Oil/Omega 3 1,200mg/300mg

Product Name
Fleet enema 133mL
Flonase, Flonase Sensimist
Folic acid 1mg tablet
Gaviscon, Gaviscon Extra Strength
Glucosamine/chondroitin 250-200mg capsule
Glucosamine/chondroitin 500-400mg tablet
Glucosamine/chondroitin 500-400mg tablet with Vitamin C
Glucosamine Relief
Glucose tablets 4gm
Glycerin suppositories
Gold Bond powder and spray
Guaifenesin syrup (Robitussin) 100mg/5mL
Gyne-Lotrimin (clotrimazole) cream/applicator 1%
Gyne-Lotrimin (clotrimazole) 2%
Hibiclens (chlorhexidine) 4%
Hydrocortisone 0.5%, 1% cream
Hydrocortisone 0.5%, 1% lotion
Hydrocortisone 0.5%, 1% ointment
Hydrogen peroxide 3% solution
Ibuprofen PM
ICaps Areds
Icy Hot adhesive patch
Imodium A-D (loperamide) liquid, tablet, and capsules
Iodine 2% tincture
Isopto Tears (hydroxypropyl methylcellulose) 0.5%
Kaolin Pectin (kaolin/pectin)
Konsyl
Krill oil
Lactaid chewable tablet
Lamisil AT (terbinafine) 1% cream
Lidocaine/menthol 4%-1% patch

Product Name
Lidocaine 4%, 5% cream
Lidocare
Lutein 10mg
Maalox Advanced
Magnesium chloride 64mg
Magnesium oxide 250mg
Magnesium oxide 400mg
Meclizine 12.5mg
Melatonin 3mg
Metamucil (psyllium) powder, packet, capsule
Metamucil, Citrucel
Milk of magnesia (magnesium hydroxide) 400mg/5mL oral suspension
Mineral oil
Miralax packets
Monistat 3
Monistat 7 (miconazole) 2%
Move Free Joint Health
Mucinex (guaifenesin) 200mg, 400mg tablet
Mucinex DM 600mg/30mg, DM 1200mg/60mg
Mucinex Fast Act
Multivitamins
Multivitamins with minerals
Mycelex solution
Mylanta, Maalox Plus (magnesium hydroxide/aluminum hydroxide/simethicone)
Mylicon, Gas-X (simethicone) 125mg capsule, chewable tablet
Mylicon, Gas-X (simethicone) 180mg capsule
Nasacort OTC
Nasal crom (cromolyn sodium) 5.2mg spray
Natalins

Product Name
Neosporin (neomycin/polymyxin/bacitracin)
Neosporin Plus (neomycin/polymyxin/bacitracin/ pramoxine)
Nephrocaps
Niacin 50mg tablet
Niacin 100mg tablet
Niacin 500mg tablet
Niacinamide 100mg tablet
Niacinamide 500mg tablet
Nicoderm CQ (nicotine patch)
Nicorette gum (nicotine gum)
Nix (permethrin) 1%
Nizoral AD
Ocean Mist (sodium chloride) 0.65% spray
Ocuvite 150-30-6 capsule
Ocuvite 1,000-60-2 tablet
Omega Essentials Liquid
Oscal + D 500mg-200mg
Oscal + D 500mg-600mg
Pedialyte (electrolyte rehydration solution)
Pepto Bismol (bismuth subsalicylate) oral suspension 262mg/15mL & tablets
Peri-Colace, Senna-S (senna/docusate sodium) 8.6mg-50mg tablet
Phos-Nak
Plan B
Polysporin (bacitracin/polymyxin)
Preparation H (phenylephrine/shark liver/CCB) suppositories 0.25-3%
Preparation H (phenylephrine/shark liver/CCB) cream 1%
Preparation H (phenylephrine/shark liver/CCB) medicated pad 50%
Preparation H (phenylephrine/shark liver/CCB) ointment
Preservision Areds

Product Name
Preservision Areds 2
Preservision Lutein
Probiotic (acidophilus)
Refresh Plus (sodium carboxymethylcellulose) 0.5%
Renavite
Rhinocort Allergy
Rid kit (piperonyl butoxide/pyrethrins)
Rid shampoo (piperonyl butoxide/pyrethrins)
Robitussin CF (guaifenesin/dextromethorphan/ phenylephrine) 50-5-2.5mg/5mL
Robitussin Cough and Chest
Rubbing alcohol (ethanol) 70%
Rubbing alcohol (isopropyl) 70%
Salonpas
Sarna, Sarna Sensitive
Senokot (senna) 8.6mg tablet
Slow-Mag
Smoothlax
Sudafed (pseudoephedrine) 30mg IR tablet
Sudafed (pseudoephedrine) 120mg tablet
Sudafed PE (phenylephrine) 10mg tablet
Swim Ear/Auro-Dri 95%-5% drops
Tears Naturale PM ointment
Theraflu Flu and Sore Throat
Theragel Shampoo
Thera-Plus
Tinactin (tolnaftate) cream, spray, powder 1%
Tucks (pramoxine/zinc oxide/mineral oil) ointment 1%-12.5%
Tucks pads 50%
Tucks suppositories 51%
Tums (calcium carbonate with vitamin D)

Product Name
Tums (calcium carbonate) 200mg (500)
Tums (calcium carbonate) 300mg (750)
Tums Ultra (calcium carbonate) 1,000mg
Tussin CF (guaifenesin/dextromethorphan/ pseudoephedrine 100mg-10mg-30mg)
Tussin DM 100-10mg/5mL (guaifenesin/dextromethorphan)
Tussin PE (guaifenesin/pseudoephedrine) 100-30mg-5mL
Tylenol (acetaminophen) 325mg tablet
Tylenol (acetaminophen) 500mg caplet
Tylenol (acetaminophen) elixir 160/5mL
Tylenol PM (acetaminophen/diphenhydramine) 500mg-25mg tablet
Tylenol Sinus (acetaminophen/phenylephrine)
Unisom
Urea 20% cream
Vicks Vaporub (medicated chest rub)
Vinpocetine
Visine A
Visine redness remover
Vision Plus Lutein
Vitamin A & D ointment
Vitamin A 10,000 unit capsule
Vitamin A 25,000 unit capsule

Product Name
Vitamin B complex tablet
Vitamin B-1 50mg tablet, 100mg
Vitamin B-6 100mg
Vitamin B-12 1,000mcg tablet
Vitamin C 500mg chewable tablet
Vitamin C 500mg tablet
Vitamin C 1,000mg tablet
Vitamin D 400 unit tablet
Vitamin D 1,000 unit tablet and capsule
Vitamin D 2,000 unit softgel
Vitamin D 5,000 unit tablet
Vitamin D 50,000 unit tablet
Vitamin D3 Liquid
Vitamin E 100 unit capsule
Vitamin E 400 unit capsule
White petroleum jelly
Zaditor eye drops (ketotifen)
Zantac (ranitidine) 75mg and 150mg tablet
Zinc sulfate 220mg capsule
Zinc sulfate 220mg tablet
Zostrix (capsaicin cream) 0.025%, 0.33%, 0.075%, 0.1%
Zyrtec (cetirizine) 5mg
Zyrtec (cetirizine) 10mg
Zyrtec D

If you have any questions, please call Health Partners Medicare Member Relations at 1-866-901-8000 anytime, 24 hours a day, seven days a week. (TTY users, please call 711.)

Health Partners Plans is an HMO plan with Medicare and Pennsylvania State Medicaid program contracts. Enrollment in Health Partners Medicare depends on contract renewal.

